



# TRADERS LOUNGE

## Salads

**Vegan Power Bowl (GF)** \$18  
*Spring mix lettuce, quinoa, chickpeas, roasted beets & sweet potato, broccoli slaw, avocado and lemon tahini dressing*

**Kale Caesar Salad** \$15  
*BC kale, grana padano, bacon, garlic crouton, caesar vinaigrette, grilled lemon*

**Nicoise Salad** \$22  
*Spring mix, Ahi tuna, heirloom cherry tomatoes, creamer potatoes, egg, green beans, red onion, caper and olive tapenade, red wine vinaigrette*

*Add Chicken —\$6*

*Add Tuna —\$10*

*Add Salmon —\$8*

## Soups

**Soup of the day** \$10  
*Daily Chef Inspiration*

## Starters and Shareables

**Smoked Brisket Sliders** \$16  
*Smoked sterling silver beef brisket, brioche slider bun, crispy onion, roasted garlic aioli, in servings of 3*  
*Add Slider —\$5*

**Roasted Buffalo Cauliflower** \$14  
*Spicy buffalo sauce, ranch, crispy onions*

**Chicken Wings (GF)** \$17  
*Chicken wings, honey soy sriracha glaze, toasted sesame seeds, scallion, orange ginger slaw*

**Edamame (GF)** \$12  
*Lightly coated in sea salt*

**Beef Brisket Poutine** \$15  
*Fresh cut fries, cheese curds, gravy, smoked sterling silver beef brisket, crispy onions*

**Trader's Rib Bites** \$16  
*Bone on rib bites tossed in zesty trader's marinade of ginger, garlic, lime and tamarind*



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## Sandwiches & Mains

*All sandwiches come with choice of fresh cut fries, house made kettle chips or side salad. Add Gravy—\$2*

**Burger** \$20

*6oz Alberta angus chuck, toasted brioche, smoked bacon, caramelized onions, tomato, green leaf, pickle, garlic aioli*

**Flat Iron Steak Sandwich** \$24

*Flat iron steak on a fresh baguette, arugula, chimichurri, horseradish aioli*

**Harvest Sandwich** \$16

*Beetroot hummus, vine tomatoes, lettuce, cucumber, sprouts, vegan mayo*

**Fish and Chips** \$20

*Beer battered haddock, house made tartar sauce, creamy broccoli slaw, grilled lemon*

**Chicken Ciabatta Club** \$22

*Chicken breast, smoked cheddar, bacon, lettuce, chipotle mayo*

## Entrees

*Available after 5:00pm*

**Pan Seared Salmon** \$32

*Caper lemon beurre blanc, wild rice, seasonal vegetables*

**AAA Alberta Beef Sirloin** \$36

*Grilled 8 oz Sirloin, smashed baby potatoes, seasonal vegetables, with choice of: rosemary demi glace \$4 or chimichurri \$4*

**Roasted Chicken Supreme** \$34

*Roast chicken supreme, smashed baby potatoes, seasonal vegetables*

**Quinoa Stir Fry** \$32

*Seasonal vegetables in a thai peanut sauce  
Add Chicken —\$6*

## Desserts

**Decadent Chocolate Cake** \$12

*Spice rum poached berry compote*

**Raspberry Sorbet** \$12

*Spiced berry compote*

**Warm Apple Crumble** \$12

*Warm apple crisp with French vanilla ice cream and caramel sauce*