



TRADERS LOUNGE

Salads

Vegan Power Bowl (GF) \$18

Spring mix lettuce, quinoa, chickpeas, roasted beets & sweet potato, broccoli slaw, avocado and lemon tahini dressing

Kale Caesar Salad \$15

BC kale, grana padano, bacon, garlic crouton, caesar vinaigrette, grilled lemon

Nicoise Salad \$22

Spring mix, Ahi tuna, heirloom cherry tomatoes, creamer potatoes, egg, green beans, red onion, caper and olive tapenade, red wine vinaigrette

Add Chicken —\$6

Add Tuna —\$10

Add Salmon —\$8

Soups

Soup of the day \$10

Daily vegetarian soup made with seasonal BC vegetables

Starters and Shareables

Braised Short Rib Sliders \$16

Slow braised beef short rib, brioche slider bun, crispy onion, roasted garlic aioli, in servings of 3

Add Slider —\$5

Roasted Buffalo Cauliflower \$14

Spicy buffalo sauce, ranch, crispy onions

Chicken Wings (GF) \$17

Chicken wings, honey soy sriracha glaze, toasted sesame seeds, scallion, orange ginger slaw

Edamame (GF) \$12

Lightly coated in sea salt

Braised Beef Poutine \$15

Fresh cut fries, cheese curds, gravy, braised beef, crispy onions

Trader's Rib Bites \$16

Bone on rib bites tossed in zesty trader's marinade of ginger, garlic, lime and tamarind



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Sandwiches & Mains

All sandwiches come with choice of fresh cut fries, house made kettle chips or side salad. Add Gravy—\$2

Burger	\$20
<i>6oz Alberta angus chuck, toasted brioche, smoked bacon, caramelized onions, tomato, green leaf, pickle, horseradish aioli</i>	
Flat Iron Steak Sandwich	\$24
<i>Flat iron steak on a fresh baguette, arugula, chimichurri, garlic aioli</i>	
Harvest Sandwich	\$16
<i>Beetroot hummus, vine tomatoes, cucumber, sprouts, vegan mayo</i>	
Fish and Chips	\$20
<i>Beer battered haddock, house made tartar sauce, creamy broccoli slaw, grilled lemon</i>	
Chicken Ciabatta Club	\$22
<i>Chicken breast, smoked cheddar, bacon, lettuce, chipotle mayo</i>	

Entrees

Available after 5:00pm

Pan Seared Salmon	\$32
<i>Caper lemon beurre blanc, risotto, seasonal vegetables</i>	
AAA Alberta Beef Sirloin	\$36
<i>Grilled 8 oz Sirloin, smashed baby potatoes, seasonal vegetables, with choice of: rosemary demi glace \$4 or chimichurri \$4</i>	
Roasted Chicken Supreme	\$34
<i>Roast chicken supreme, smashed baby potatoes, seasonal vegetables</i>	
Risotto	\$30
<i>Daily special of Risotto</i>	

Desserts

Decadent Chocolate Cake	\$12
<i>Spice rum poached berry compote</i>	
Raspberry Sorbet	\$12
<i>Spiced berry compote</i>	
Warm Apple Crumble	\$12
<i>Warm apple crisp with French vanilla ice cream and caramel sauce</i>	